

Group Number: 71468 Package Code(s): 040, 041

Section Code(s): 1000, 1005, 1100, 1105 PPO - HDHP PPO Plan, Dental, Vision, RX2

Effective Date: 03/01/2019

Benefits-at-a-glance

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Note: A list of services that require approval before they are provided is available online at (https://www.bcbsm.com/importantinfo). Select Approving covered Services.

Member's responsibility (deductibles, copays, coinsurance and dollar maximums)

Member's responsibility (deserving)	In-Network	Out-of-Network
Benefits Deductibles - per benefit period	\$1,350 per member \$2,700 per family	\$2,700 per member \$5,400 per family
The full family deductible must be met under a two person or family contract before benefits are paid for any person on the contract.	No Copay	No Copay
Copays Fixed Dollar Copays		20%
Coinsurance Percent Coinsurance	0%	Note: Services without a network are covered at the in-network level.
Annual out-of-pocket maximums The full family out of pocket maximum must be met before it is considered satisfied.	\$1,350 per member \$2,700 per family Includes Deductible, Coinsurance and Copays	\$5,400 per member \$10,800 per family Includes Deductible and Coinsurance
Lifetime dollar maximum	Unlimited	

Preventive Care Services

	t-of-Network
Benefits In-Network Out	IF-01-146fA01K
	vered - 80% after deductible
Routine Physical Related Test X-Rays, EKG and lab procedures Covered - 100% Covered of the health maintenance exam	vered - 80% after deductible
	vered - 80% after deductible
Pap Smear Screening - one per benefit period Covered - 100% Covered	vered - 80% after deductible

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Benefits		
Mammography Screening - one per benefit period includes 3D Mammography	In-Network Covered - 100%	Out-of-Network Covered - 80% after deductible
Contraceptive Methods and Counseling Prostate Specific Antigen (PSA) screening - one per benefit period Endoscopic Exams - one per benefit period Well Child Care 8 visits, birth through 12 months 6 visits, 13 months through 35 months	Covered - 100% Covered - 100% Covered - 100% Covered - 100%	Not Covered Covered - 80% after deductible Covered - 80% after deductible Covered - 80% after deductible

Visits beyond 47 months are limited to one per member per benefit period under the health maintenance exam benefit

Immunizations - pediatric and adult

* 2 visits, 36 months through 47 months

Covered - 100%

Covered - 80% after deductible

Filysician Office Services		
Benefits	la Naharan	
Office Visits	In-Network	Out-of-Network
	Covered - 100% after deductible	Covered - 80% after deductible
Office Consultations	Covered - 100% after deductible	Covered - 80% after deductible
Pre-Surgical Consultations	Covered - 100% after deductible	
	Total and Total deductible	Covered - 80% after deductible

Emergency Medical Care		
Benefits	In-Network	Out-of-Network
Hospital Emergency Room Qualified medical emergency	Covered - 100% after deductible; copay waived if admitted	
Non-Emergency use of the Emergency Room	Covered - 100% after deductible	Covered - 100% after deductible
Urgent Care Services	Covered - 100% after deductible	Covered - 80% after deductible
Ambulance Services - Medically Necessary Transport	Covered - 100% after deductible	Covered - 80% after deductible

Diagnostic services			
Benefits	Iп-Network	Out-of-Network	
MRI, MRA, PET and CAT Scans and Nuclear Medicine	Covered - 100% after deductible	Covered - 80% after deductible	
Diagnostic Tests, X-rays, Laboratory & Pathology	Covered - 100% after deductible	Covered - 80% after deductible	
Radiation Therapy and Chemotherapy	Covered - 100% after deductible	Covered - 80% after deductible	

Maternity Services Provided by a	Physician		
Benefits	In-Network	Out-of-Network	
Prenatal Care Visits	Covered - 100%	Covered - 80% after deductible	
Postnatal Care Visits	Covered - 100% after deductible	Covered - 80% after deductible	
Delivery and Nursery Care	Covered - 100% after deductible	Covered - 80% after deductible	

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Hospital Care

Renefits

Semi-Private Room, Inpatient Physician Care, General Nursing Care, Hospital Services and Supplies

Inpatient Medical Care

In-Network

Covered - 100% after deductible

Covered - 100% after deductible

Out-of-Network

Covered - 80% after deductible

Covered - 80% after deductible

Alternatives to Hospital Care

Benefits

Hospice Care
Home Health Care
Skilled Nursing

Limited to a maximum of 100 days per benefit period

In-Network

Covered - 100% after deductible Covered - 100% after deductible

Covered - 100% after deductible

Out-of-Network

Covered - 80% after deductible Covered - 80% after deductible

Covered - 80% after deductible

Surgical Services

Benefits

Surgery (Includes related surgical services)
Bariatric Surgery
Sterilization - males only
excludes reversal sterilization
Sterilization - females only
excludes reversal sterilization

In-Network

Covered - 100% after deductible Covered - 100% after deductible Covered - 100% after deductible

Covered - 100%

Out-of-Network

Covered - 80% after deductible Covered - 80% after deductible Covered - 80% after deductible

Covered - 80% after deductible

Human Organ Transplants

Benefits

Specified Organ Transplants
In designated facilities only, when coordinated through BCBSM Human
Organ Transplant Program (800-242-3504)

Kidney, Cornea, Bone Marrow and Skin

In-Network

Covered - 100% after deductible

Out-of-Network

Not covered except in designated facilities

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Covered - 100% after deductible Covered - 80% after deductible

Behavioral/Mental Health Care and Substance Abuse Treatment Services

Benefits

Inpatient Behavioral/Mental Health Care and Substance Abuse Treatment
Outpatient Behavioral/Mental Health Care and Substance Abuse

Treatment

In-Network

Covered - 100% after deductible Covered - 100% after deductible

Out-of-Network

Covered - 80% after deductible Covered - 80% after deductible

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CATA (Capital Area Transportation Authority)
Group Number: 71468 Package Code(s): 010

Section Code(s): 1000, 1005, 1100, 1105 PPO - PPO Plan A, RX1, Dental, Vision

Effective Date: 03/01/2019

Benefits-at-a-glance

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Member's responsibility (deductibles, copays, coinsurance and dollar maximums)

Benefits	In-Network	Out-of-Network
Deductibles - per benefit period	\$200 per member \$400 two person \$600 per family	\$400 per member \$800 two person \$1,200 per family
Copays • Fixed Dollar Copays	\$20 copay for : Chiropractic spinal manipulations Primary Care Physician (PCP) office visits S30 copey for : Specialist office visits S45 copay for : Urgent care services \$100 copay for : Facility medical emergency	\$40 copay for : Chiropractic spinal manipulations Primary Care Physician (PCP) office visits Go copay for : Specialist office visits S0 copay for : Urgent care services 100 copay for : Facility medical emergency
Coinsurance Percent Coinsurance	0%	20% Note: Services without a network are covered at the in-network level.
Annual out-of-pocket maximums	\$6,600 per member \$13,200 two person \$13,200 per family Includes Deductible, Coinsurance and Copays	\$2,400 per member \$4,800 two person \$7,200 per family Includes Deductible and Colnsurance
Lifetime dollar maximum	Unlimited	

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Preve	intive	Care	Servi	ces
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Benefits	in-Network	Out-of-Network
Health Maintenance Exam - one per benefit period	Covered - 100%	Covered - 80% after deductible
Routine Physical Related Test X-Rays, EKG and lab procedures performed as part of the health maintenance exam	Covered - 100%	Covered - 80% after deductible
Annual Gynecological Exam - Iwo per benefit period, in addition to health maintenance exam	Covered - 100%	Covered - 80% after deductible
Pap Smear Screening - one per benefit period	Covered - 100%	Covered - 80% after deductible
Mammography Screening - one per benefit period includes 3D Mammography	Covered - 100%	Covered - 80% after deductible
Contraceptive Methods and Counseling	Covered - 100%	Not Covered
Prostate Specific Antigen (PSA) screening - one per benefit period	Covered - 100%	Covered - 80% after deductible
Endoscopic Exams - one per benefit period	Covered - 100%	Covered - 80% after deductible
Well Child Care • 8 visits, birth through 12 months • 6 visits, 13 months through 35 months • 2 visits, 36 months through 47 months	Covered - 100%	Covered - 80% after deductible

Visits beyond 47 months are limited to one per member per benefit period under the health maintenance exam benefit

Immunizations - pediatric and adult Covered - 100% Covered - 80% after deductible

Physician Office Services

Benefits	In-Network	Out-of-Network
Office Visits	Covered - 100% after \$20 pcp copay; \$30 specialist copay	Covered - 80% after \$40 pcp copay; \$60 specialist copay
Office Consultations	Covered - 100% after deductible	Covered - 80% after deductible
Pre-Surgical Consultations	Covered - 100% after deductible	Covered - 80% after deductible

Emergency Medical Care

Benefits	In-Network	Out-of-Network
Hospital Emergency Room Qualified medical emergency	Covered - 100% after \$100 copay; copay walved if admitted	Covered - 100% after \$100 copay; copay waived if admitted
Non-Emergency use of the Emergency Room	Covered - 100% after \$100 copay	Covered - 100% after \$100 copay
Urgent Care Services	Covered - 100% after \$45 copay	Covered - 80% after \$80 copay
Ambulance Services - Medically Necessary Transport	Covered - 100% after deductible	Covered - 80% after deductible

Diagnostic Services

Benefits	In-Network	Out-of-Network
MRI, MRA, PET and CAT Scans and Nuclear Medicine	Covered - 100% after deductible	Covered - 80% after deductible
Diagnostic Tests, X-rays, Laboratory & Pathology	Covered - 100% after deductible	Covered - 80% after deductible
Radiation Therapy	Covered - 100% after deductible	Covered - 80% after deductible
Chemotherapy	Covered - 100% after deductible	Covered - 80%

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Maternity Services Provided by a Physician

Benefits In-Network Out-of-Network

Prenatal and Postnatal Care Visits Covered - 100% Covered - 80% after deductible

Delivery and Nursery Care Covered - 100% after deductible Covered - 80% after deductible

Hospital Care

Benefits In-Network Out-of-Network

Semi-Private Room, Inpatient Physician Care, General Nursing Care. Covered - 100% after deductible Covered - 80% after deductible Hospital Services and Supplies

Inpatient Medical Care Covered - 100% after deductible Covered - 80% after deductible

Alternatives to Hospital Care

Benefits In-Network Out-of-Network

Hospice Care Covered - 100% after deductible Covered - 80% after deductible
Home Health Care Covered - 100% after deductible Covered - 80% after deductible
Skilled Nursing Covered - 100% after deductible Covered - 80% after deductible

Limited to a maximum of 100 days per benefit period

Surgical Services

Benefits In-Network Out-of-Network

Surgery (includes related surgical services)

Covered - 100% after deductible

Covered - 80% after deductible

Covered - 80% after deductible

Sterilization - males only

Covered - 100% after deductible

Covered - 80% after deductible

Covered - 80% after deductible

excludes reversal sterilization

Sterilization - females only Covered - 100% Covered - 80% after deductible excludes reversal sterilization

Human Organ Transplants

Benefits In-Network Out-of-Network

Specified Organ Transplants Covered - 100% Not covered except in designated facilities

In designated facilities only, when coordinated through BCBSM Human
Organ Transplant Program (800-242-3504)
facilities

Kidney, Cornea, Bone Marrow and Skin Covered - 100% after deductible Covered - 80% after deductible

Behavioral/Mental Health Care and Substance Abuse Treatment Services

Benefits In-Network Out-of-Network

Inpatient Behavioral/Mental Health Care and Substance Abuse Treatment Covered - 100% after deductible Covered - 80% after de

Outpatient Behavioral/Mental Health Care and Substance Abuse Covered - 100% after \$20 copay Covered Co

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Group Number: 71468 Package Code(s): 040, 041

Section Code(s): 1000, 1005, 1100, 1105 Dental Coverage - Blue Dental PPO Plus

Effective Date: 03/01/2019

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Network access information - With Blue Dental PPO Plus, members can choose any licensed dentist anywhere. However, they'll save the most money when they choose a dentist who is a member of the Blue Dental PPO network.

Blue Dental PPO network - Blue Dental members have unmatched access to PPO dentists through the Blue Dental PPO network, which offers more than 260,000 dentist locations nationwide. PPO dentists agree to accept our approved amount as full payment for covered services - members pay only their applicable coinsurance and deductible amounts. Members also receive discounts on noncovered services when they use PPO dentists (in states where permitted by law). To find a PPO dentist near you, please visit mibluedentist.com or call 1-888-826-8152.

Blue Dental uses the Dental Network of America (DNoA) Preferred Network for its dental plans.

A dentist location is any place a member can see a dentist to receive high-quality dental care. For example, one dentist practicing in two offices would be two dentist locations.

Blue Par SelectSM arrangement - Most non-PPO dentists accept our Blue Par Select arrangement, which means they participate with the Blues on a "per claim" basis. Members should ask their dentists if they participate with BCBSM before every treatment. Blue Par Select dentists accept our approved amount as full payment for covered services - members pay only applicable coinsurance and deductibles. To find a dentist who may participate with BCBSM, please visit mibluedentist.com.

Note: Members who go to non-participating dentists are responsible for any difference between our approved amount and the dentist's charge.

Member's responsibility (deductible, coinsurance and dollar maximums)

Benefits	Coverage
Benefit Period	Benefit Period
Deductible	None
Class I services	0%
Class II services	0%
Class III services	0%
Class IV services	50%
Dollar Maximums - Annual Maximum	\$1000 per member Class I, II & III services
Lifetime Orthodontic Maximum	\$1200 per member

Class I services

Benefits	Coverage	
Periodic Oral Exams	Covered - 100%, twice per benefit period	
Prophylaxis (Teeth Cleaning)	Covered - 100%, twice per benefit period	

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Benefits Coverage

Bitewing X-Rays

Covered - 100%, twice per benefit period

Full-mouth or Panoramic X-Rays

Covered - 100%, once per 36 months

Fluoride Treatment

Covered - 100%, once every 36 months

Space MaIntainers Covered - 100%, once per quadrant per lifetime, up to and including age 18

Palliative Emergency Treatment Covered - 100%

Sealants Covered - 100%, once per tooth every 36 months, up to and including age 13

Class II services

Benefits Coverage

Fillings - permanent teeth Covered - 100%, once per tooth per surface every 24 months

Fillings - primary teeth Covered - 100%, once per tooth per surface every 12 months

Root Canal Therapy Covered - 100%, once per tooth, once every 12 months for teeth with one or more canal

Periodontal Scaling and Root Planing Covered - 100%, once every 24 months

General Anesthesia or IV Sedation with oral surgery

Covered - 100%

Oral Surgery including extractions

Covered - 100%

Consultations/Evaluations Covered - 100%, three per benefit period

Class III services

Benefits Coverage

Removable Dentures - Complete and Partials Covered - 100%, once per arch every 60 months

Fixed Bridges Covered - 100%, once per tooth every 60 months age 16 and older Implants Covered - 100%, once per tooth per lifetime age 16 and older

Inlays, Onlays and Crowns - permanent teeth Covered - 100%, once every 60 months

Recementing of Inlays, Onlays, Crowns and Bridges Covered - 100%, three per benefit period

Occlusal Adjustment Covered - 100%, up to five times in a 60 month period

Relining or Rebasing of Partials or Dentures Covered - 100%, once per arch every 36 months

Tissue Conditioning Covered - 100%
Repair to Existing Partials or Dentures Covered - 100%

Class IV services - Orthodontic services for dependents up to and including age 19

BenefitsCoverageOrthodontic ServicesCovered - 50%Cephalometric Films and Oral Facial PhotosCovered - 50%Habit Breaking AppliancesCovered - 50%Full-Banding TreatmentCovered - 50%Minor Tooth Guidance AppliancesCovered - 50%



Group Number: 71468 Package Code(s): 040, 041

Section Code(s): 1000, 1005, 1100, 1105 Vision Coverage - Blue Signature VSP

Effective Date: 03/01/2019

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Blue Vision benefits are provided by Vision Service Plan (VSP), the largest provider of vision care in the nation. There are more than 3,000 VSP provider locations in Michigan and 53,000 locations nationwide. To find a VSP provider, call 1-800-877-7195 or visit VSP's Web site at www.vsp.com.

Member's responsibility (copayments)

Benefits	VSP Provider	Out-of-Network Provider
Eye Exam	No Copay	Reimbursement up to \$50
Lenses and/or frames	No Copay	Member responsible for difference between approved emount and provider's charge
Medically necessary contact lenses	No Copay	Member responsible for difference between approved amount and provider's charge

Eye exams

Benefits

Benefits	
Covers a complete eye exam by an ophthalmologist or optometrist. The	

Covers a complete eye exam by an ophthalmologist or optometrist. The exam includes refraction, glaucoma testing and other tests necessary to determine the overall visual health of the patient.

VSP Provider

Covered - no copay

Out-of-Network Provider

Covered - reimbursement up to

\$50

One per calendar year

Lenses and frames

Single vision, bifocal, trifocal or lenticular lenses in glass or plastic. Note: Additional pairs of prescription glasses and non-covered lens options are discounted when purchased from a VSP provider.

VSP Provider Covered - no copay

Out-of-Network Provider

Covered - reimbursement up to \$50 for single vision lens; \$75 for bifocal lens; \$100 for trifocal lens;

\$125 for lenticular lens

Once every 24 months

Covers standard eyeglass frames. A wide selection of quality frames is fully covered by VSP up to the frame allowance. Members should ask their doctor which frames are covered in full. Members may select a more expensive frame and pay a cost controlled price difference.

Covered - no copay

Covered - reimbursement up to

\$70

Once every 12 months

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Contact Lenses: Members may obtain either eyeglasses or contact lenses, but not both

Benefits

Elective contact lenses (prescribed, but not medically necessary) may be chosen instead of spectacle lenses and a frame.

VSP Provider

Covered - \$130 allowance that is applied Covered - \$105 allowance that is toward contact lens exam (fitting and materials) and the contact lenses (member responsible for any cost exceeding the allowance)

Out-of-Network Provider

applied toward contact lens exam (fitting and materials) and the contact lenses (member responsible for any cost exceeding the allowance)

Once every 24 months

Therapeutic contact lenses (medically necessary)

Covered - no copay

Covered - reimbursement up to

\$210

Once every 24 months



Benefits

Diabetic Supplies

Coverage

Includes:

Needles/Syringes - Covered at 100% if an injectable prescription drug was filled within the last 120 days under the BCBSM Rx benefit

Retail Test Strips and Lancets: 0% after deductible

Mail Order Test Strips and Lancets: 0% after deductible

Features of your prescription drug plan

Preferred Therapy Program

A step-therapy approach that encourages physicians to prescribe generic, generic alternative or over-the-counter medications before prescribing a more expensive brand-name drug. It applies only to prescriptions being filled for the first time of a targeted medication. Before filling your initial prescription for select, high-cost, brand-name drugs, the pharmacy will contact your physician to suggest a generic alternative. A list of select brand-name drugs targeted for the preferred therapy program is available at bcbsm.com/pharmacy, along with the preferred medications.

If our records indicate you have already tried the preferred medication(s), we will authorize the prescription. If we have no record of you trying the preferred medication(s), you may be liable for the entire cost of the brand-name drug unless you first try the preferred medication(s) or your physician obtains prior authorization from BCBSM. These provisions affect all targeted brand-name drugs, whether they are dispensed by a retail pharmacy or through a mail order provider.

Mandatory maximum allowable cost drugs If your prescription is filled by a network pharmacy, and the pharmacist fills it with a brand-name drug for which a generic equivalent is available, you MUST pay the difference in cost between the BCBSM approved amount for the brand-name drug dispensed and the maximum allowable cost for the generic drug plus your applicable copay regardless of whether you or your physician requests the brand name drug. Exception: If your physician requests and receives authorization for a non-preferred brand-name drug with a generic equivalent from BCBSM and writes "Dispense as Written" or "DAW" on the prascription order, you pay only your applicable copay.

Note: This MAC difference will not be applied toward your annual in-network deductible, nor your annual

coinsurance/copay maximum.



Group Number: 71468 Package Code(s): 040, 041

Section Code(s): 1000, 1005, 1100, 1105

Prescription Drugs

Effective Date: 03/01/2019

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Your prescription drug copays, including mail order copays, may be subject to the same annual out-of-pocket maximum required under your medical coverage.

Member's responsibility (copays and coinsurance amounts)

Benefits	Coverage
Deductible	\$1,350 per individual \$2,700 per family
Retail - 30 day supply	0% coinsurance after deductible - Generic and Brand drugs
	Prescriptions and refills obtained from a non-network pharmacy are reimbursed at 75% of the approved amount, less the member's copay.
Retail and Mail Order - 90 day supply	0% coinsurance after deductible - Generic and Brand drugs
Specialty Drugs – 30 day supply Retail and Mail Order	0% after deductible
	Members are restricted to a 30 day supply at both retail and mail order and certain specialty drugs are limited to only a 15 day supply for each fill.
Adult and childhood select preventive immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the PPACA	Covered - 100%
Oral and Injectable Contraceptives Retail and Mail Order	Covered - 100% for Generic and Select Brand name drugs; other Brand name drugs are subject to the applicable copay/coinsurance
Additional Services	
Smoking Cessation Drugs	Covered
Weight Loss Drugs	Not Covered
Impotency Drugs	Not Covered
Infertility Drugs	Not Covered

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Autism Spectrum Disorders, Diagnoses and Treatment - Up to and including age 18

Benefits In-Network Out-of-Network Applied Behavioral Analysis (ABA) Covered - 100% after deductible Covered - 80% after deductible Pre-authorization required Note: Diagnosis of an autism spectrum disorder and a treatment recommendation for ABA services must be obtained by an approved autism evaluation center (AAEC) prior to seeking ABA treatment. Physical, Occupational and Speech Therapy Covered - 100% after deductible Covered - 80% after deductible Physical, Occupational and Speech therapy with an autism diagnosis is unlimited **Nutritional Counseling** Covered - 100% after deductible Covered - 80% after deductible

Other Covered Services			
Benefits	In-Network	Out-of-Network	
Cardiac Rehabilitation	Covered - 100% after deductible	Covered - 80% after deductible	
Chiropractic Spinal Manipulation Limited to a maximum of 38 visits per benefit period	Covered - 100% after deductible	Covered - 80% after deductible	
Durable Medical Equipment	Covered - 100% after deductible	Covered - 80% after deductible	
Prosthetic and Orthotic Devices	Covered - 100% after deductible	Covered - 80% after deductible	
Private Duty Nursing Care	Covered - 100% after deductible	Covered - 80% after deductible	
Allergy Testing and Therapy	Covered - 100% after deductible	Covered - 80% after deductible	

Therapy Services		
Benefits	In-Network	Out-of-Network
Physical, Occupational and Speech Therapy Physical therapy is limited to 60 visits	Covered - 100% after deductible	Covered - 80% after deductible

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